

What if my foot problems or medical history alters?

If there are any changes to these circumstances which alters your ability to maintain your own foot health, please contact your nearest Health Centre / Clinic for an appointment and re-assessment.

What if I disagree with the Assessment?

If you disagree with the decision of the Podiatrist regarding your assessment then you will be re-assessed by another Podiatrist for a second opinion.

Further Advice / Information:

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Nearest Clinic / Contact is:

Comments, concerns or complaints? If you have any comments, concerns or complaints and would like to speak to somebody about them please telephone: **01773 525119**

Are we accessible to you? This publication is available on request in other formats (for example, large print, easy read, Braille or audio version) and languages.

For free translation and/or other format please telephone:
01773 824171 ext. 5587, or email us at:
communications@dchs.nhs.uk

Community Podiatry Services

Patient Information about your Assessment for Podiatry Treatment



Welcome to the Podiatry Department

The Community Health Care Trust employs an enthusiastic team of Podiatrists who provide an excellent range of services to the local community.

All the Podiatrists are Health Professions Council (HPC registered), having completed a three year training course at a registered School of Podiatry and are qualified to diagnose, advise and / or treat any foot conditions.

Services Available

- ◆ Curative and preventative treatment programmes.
- ◆ Nail Surgery.
- ◆ Diabetes foot health education and screening.
- ◆ Structural Assessment/Insole Production.
- ◆ Home visits to the totally housebound.
- ◆ Hospital and Social Service establishments.
- ◆ Biomechanics and footwear clinics.
- ◆ Surgical interventions for foot abnormalities / dysfunction.

What will my Assessment Involve?

When you attend the department for the first time you will have an assessment undertaken by a Health Professions Council Registered Podiatrist.

As part of the assessment the Podiatrist will take personal details and details of any relevant medical history, e.g. Diabetes, heart problems.

The Podiatrist will then carry out an examination of your feet to help devise a treatment plan suited to your needs.

Will I be Treated?

This will depend upon the assessment.

Our treatment response may be influenced by any medical conditions and the nature of your foot problems.

Treatment plans may consist of:

- ◆ Practical advice and information to help you maintain your own foot health.
- ◆ A course of treatment to resolve your foot problem.
- ◆ On-going treatment to improve your foot problems which will be reviewed periodically.

You, your relatives or carer, will be expected to carry out as much basic foot care as you / they can and the Podiatrist will advise you on the best way to do this.