

Strictly No Falling

Follow the link to the Derbyshire Sport website below **or** contact the Falls Prevention activity advisors on 01773 768240. You can also contact them by email

administration@ageukderbyandderbyshire.org.uk.

<http://www.derbyshiresport.co.uk/strictly-no-falling>

The local group based at St Nicholas Church Hall, Fairfield every Friday 10am – 11am